

# VIM VOICE



December 2019

NOVEMBER PATIENT VISITS:

Bluffton: 310

Ridgeland: 48



## NOTES FROM PAM

Dear Volunteers,

On behalf of the BJVIM Board of Directors and patients, I would like to wish each of you a wonderful Holiday Season! Thank you for your commitment to BJVIM and the extraordinary care you provide our patients each and every day. Whether you are a medical provider or a clinic volunteer, your services impact the less fortunate members of our community, helping them return to a healthier life. Because of your dedication, we have received praise and endorsements in the form of additional grants, donations, attendance at fundraising events, T.V. coverage and accreditation by the SC Free Clinic Association. All this would not have been possible without you. As the saying goes “it takes a village” and BJVIM Volunteers are that village to our patients. May we continue to have the support of one another as we move into the New Year. Who knows what challenges lie ahead for us all, but I know we will meet them together!

Thank you for all you do! Happy Holidays! – Pam

**Final Bourbon & Bubbly  
update, we netted \$48,769  
after expenses!!**

*Happy Holidays!*



## News from the National Association of Free and Charitable Clinics

In October, Pam had the opportunity to attend the National Association of Free and Charitable Clinics conference, a three-day national convention in Atlanta. The event featured seminars on quality improvements, board development, mental health, and social determinants of our population, as well as a general meeting of VIM-America. Pam noted that it was exciting to participate in many meetings chaired by VIM clinics. She came away from the conference energized by all of the forums she attended, and enthusiastic to share some of the national practices discussed. Implementation of some of these practices will begin in 2020.

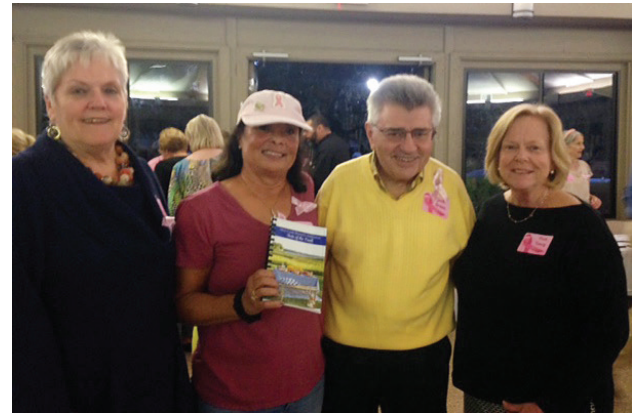


On Sunday, November 17th, nurse Terry Hamel organized the **LowCountry Tennis Tournament for Health & Hunger**, a tennis tournament to benefit BJVM and Bluffton Self Help. 16 people participated in this inaugural event. Thank you, Terry, for your initiative and leadership! Donations from this event promise to be over \$1,000.00!



**YOU'RE  
INVITED!**

Please join us on **Thursday, December 12th**, from 12-1 as we celebrate Dr. Smith and his service to our clinic! Following the drop-in we will have our annual pot-luck luncheon here at the clinic. Hope you can make it to both events! A sign-up sheet for the luncheon is in the kitchen. Paper products, utensils and beverages will be provided.



**The Moss Creek Women's Association** recently printed their community cookbook. Proceeds from the sale of these cookbooks were given to Beaufort Jasper Hampton Comprehensive Health, VIM Hilton Head and BJVM to be used for Women's Health. Pictured with Pam are members of the cookbook committee.



## Patient Health Education

Wendy Barron, our nutritionist, and new volunteer, Barbara Moschitta, have been hard at work designing a new Diabetic Health Education program. They will be using the MERK Laboratory Format called Conversation Maps which is an evidence-based tool used to educate people about diabetes. We are extremely excited about this new program.

To date, 126 invitations have been sent to our patients with program information. Classes will begin on January 7th and then be held on the first Tuesday of each month from 6-7 PM. In addition to this "conversation" program, foot and eye care

will be discussed and at each class a healthy snack will be served. Please encourage your patients to attend. Sign-up sheets are at both the check-in and check-out desks. Anyone can make a referral!

**Special thanks once again** to Lynn Weisman for all the amazing pictures she has given to the clinic! Please look around to see all the beautiful pictures she has taken during her travels. Each picture is a special gift to us all!



## DATES TO REMEMBER

The clinic will be closed from December 20th to January 3rd, and re-open on Monday, January 6th.

